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| **Activities and Ideas** | | | |
| EVERYDAY ACTIVITIES | | | |
| **READ**   * Look for some recipes in books or online. Choose some that you would like to make or cook this week. | **MOVE**   * Practice skipping with a rope every day. Count how many skips you can do. Try each day to beat your record. | **DRAW OR WRITE**   * Make a shopping list for the recipes you chose to make or cook this week. | **SPEAK AND LISTEN**   * Talk with your family after they have eaten the food you made (COOK) from the menu (CONNECT). *Did they enjoy it? Was it something they would eat again? Would they change anything about it?* |
| DURING THIS WEEK | | | |
| **INE MOTOR**   * Fold paper napkins into different shapes. Make a display to show or use these when you serve the food from your menu. | **CREATIVE**   * Watch the clouds. What shapes and pictures can you see? Can you make up a story? Change the story as the clouds move across the sky and change. | **CONSTRUCTION**   * Build a fort using a sheet and chairs. Can you fit inside? | **COOK**   * Make or cook the recipes or favourite foods you decided on for your weekly menu. |
| **GAMES**   * Play *I spy*. Try different categories like: ‘…something the colour of…’   ‘…. something shaped like a …’  ‘… something used for…’ | **CONNECT**   * Interview family members to find out their favourite foods. Help your family create a menu for the week including some of their favourite foods for you to make (COOK). | **ACTIVE**   * Make up a dance to your favourite song. | **RELAXATION**   * **Belly breathing**. Lie on the floor with your favourite toy on your belly. Breathe in and out letting the toy go up and down. |
| **MUSIC**   * Make a drum kit with what you can find at home. | **TECHNOLOGY**   * Fold and make paper planes. Which design goes the farthest? | **HELPING**   * Help hang the washing on the line. Can you use the pegs? How many pegs do you need to hold the clothes on the line? | **FREE CHOICE**   * Choose something you would like to do. |

T-Year 2:

Placemat 5