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| **Activities and Ideas for year 3 to year 6** | | | |
| EVERYDAY ACTIVITIES | | | |
| **READ**   * Research boats, ships, yachts and submarines to find out what they are used for and how they are the same and different. | **MOVE**   * Go for a walk to the shops or, if possible, go for a swim with an older person supervising. | **DRAW OR WRITE**   * Write a story about an adventure on a boat.   Who was on the boat and where was it going? What problem occurred and how was it resolved? | **SPEAK AND LISTEN**   * Explain to a family member the difference between boats and ships. |
| DURING THIS WEEK | | | |
| **FINE MOTOR**   * **Kirigami** is folding and cutting paper. Have a go at making something like a snowflake or paper person. *What have you made? Did you have any challenges? How did you try to overcome these?* | **CREATIVE**   * Outside creations. Collect small items from outside to create a picture. *What did you create? What natural materials did you use? What other types of materials did you use?* | **CONSTRUCTION**   * Make a paper boat. Guess if your boat will float or sink. Investigate: *Does it float?* *What could help to make it float? Can you add weight to the boat? What other materials could be used to make a boat?* | **COOK**   * Have a special dinner, make it fancy and fun. You could get dressed up! Set the table and find ways to decorate it. *What will you wear? Where will each person sit? What you will eat?* |
| **GAMES**   * Play hide and seek. *Who will play the game with you? What were the best and worst places to hide? Why?* | **CONNECT**   * Look at old photos. *What do you remember about that day? Talk about who is in the photos and the memories each photo brings.* | **ACTIVE**   * Make up a workout with at least 5 activities (eg: star jumps, squats, hop like a bunny etc.) *Talk about your workout plan with others in your house. How long do you think it would take to complete? Do your workout and time it. Were you right?* | **RELAXATION**   * Write notes of love, compliments or kindness and hide them around the house for family to find. *Talk about great hiding places and what people thought of the notes.* |
| **MUSIC**   * Find some items from home that you can use to make a musical instrument. W*hat did you use to make your instrument? Talk about what other household items make music.* | **TECHNOLOGY**   * Cut out 4 rectangles, 3 circles, 2 triangles, 1 square and 1 oval. *What different designs can you make using these shapes? Talk about how changing the size of each shape could impact the design.* | **HELPING**   * Ask to help change the bed linen. Before they get washed, use the sheets or blankets to build a cubby. *Talk about what it would be like to sleep in your sheet cubby. Would you be comfortable?* | **FREE CHOICE**   * Choose an activity that gives you a break. *What could you do that is for you? Think about activities that you enjoy? Talk about your activity choice with others.* |

Years 3-6:

Placemat 2