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| **Activities and Ideas** |
| EVERYDAY ACTIVITIES |
| **READ*** Read some books about babies.
 | **MOVE*** Roll, crawl, walk and run. Time how quick you can be for each.
 | **DRAW OR WRITE*** Draw or write an animal, a place and an object starting with the same letter as your name. How many others can you think of?
 | **SPEAK AND LISTEN*** Ask someone in your family to tell you a story about when they were a child.
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| **FINE MOTOR*** **Name game**. Write your name on a strip of paper (first or full name). Cut it up into the letters. Mix the letters up. How quickly can you remake your name?
 | **CREATIVE*** Paint/draw a picture of yourself.
 | **CONSTRUCTION*** Make a display about yourself. Put your portrait on a shelf with some of your favourite things- books, pictures or photos.
 | **COOK*** Learn to boil eggs. Let them cool, then peel and enjoy eating them.
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| **GAMES*** Play the **Happy Families** card game.

You could make your own card with families of 4 people (or play FISH if you don’t have the game). | **CONNECT*** Ask your family about what you were like when you were a baby. What did you like/dislike? Do they remember a funny story about you?
 | **ACTIVE*** Climb up and down a step ladder 5 times. REMEMBER to ask an adult to help you
 | **RELAXATION*** Talk with a family member about your favourite place to relax. Do they have a favourite place? Are they similar or different?
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| **MUSIC*** Clap/stamp to the beat of a song you like.
 | **TECHNOLOGY*** Ask your parents or an older family member what it was like before there were mobile phones. *What did they do when they wanted to talk/arrange things with their friends? What were some good things about not having one? What is good about having one now?*
 | **HELPING*** Sort out the shoes in your house. Put the pairs together. How many pairs are there?
 | **FREE CHOICE*** Choose an activity that you would like to do. *Think about activities that you enjoy. Ask others if they would like to do the activity with you.*
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