|  |  |  |  |
| --- | --- | --- | --- |
| **Activities and Ideas** | | | |
| EVERYDAY ACTIVITIES | | | |
| **READ**   * Read some books about babies. | **MOVE**   * Roll, crawl, walk and run. Time how quick you can be for each. | **DRAW OR WRITE**   * Draw or write an animal, a place and an object starting with the same letter as your name. How many others can you think of? | **SPEAK AND LISTEN**   * Ask someone in your family to tell you a story about when they were a child. |
| **FINE MOTOR**   * **Name game**. Write your name on a strip of paper (first or full name). Cut it up into the letters. Mix the letters up. How quickly can you remake your name? | **CREATIVE**   * Paint/draw a picture of yourself. | **CONSTRUCTION**   * Make a display about yourself. Put your portrait on a shelf with some of your favourite things- books, pictures or photos. | **COOK**   * Learn to boil eggs. Let them cool, then peel and enjoy eating them. |
| **GAMES**   * Play the **Happy Families** card game.   You could make your own card with families of 4 people (or play FISH if you don’t have the game). | **CONNECT**   * Ask your family about what you were like when you were a baby. What did you like/dislike? Do they remember a funny story about you? | **ACTIVE**   * Climb up and down a step ladder 5 times. REMEMBER to ask an adult to help you | **RELAXATION**   * Talk with a family member about your favourite place to relax. Do they have a favourite place? Are they similar or different? |
| **MUSIC**   * Clap/stamp to the beat of a song you like. | **TECHNOLOGY**   * Ask your parents or an older family member what it was like before there were mobile phones. *What did they do when they wanted to talk/arrange things with their friends? What were some good things about not having one? What is good about having one now?* | **HELPING**   * Sort out the shoes in your house. Put the pairs together. How many pairs are there? | **FREE CHOICE**   * Choose an activity that you would like to do. *Think about activities that you enjoy. Ask others if they would like to do the activity with you.* |

T-Year 2: Placemat 9