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| **Activities and Ideas** |
| EVERYDAY ACTIVITIES |
| **READ*** Read some books or websites about boats.
 | **MOVE*** Do ten sit ups every day.
 | **DRAW OR WRITE*** Make a list of items that float. Test each item to see if you were right.
 | **SPEAK AND LISTEN*** Learn the song *Row, row, row your boat*. Change some of the words to make a funny song.
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| **FINE MOTOR*** Find some pictures of thinkgs that float in newspapers or magazines. Cut them out and make a collage.
 | **CREATIVE*** Using recycled materials or natural things, make something that floats. Test it out.
 | **CONSTRUCTION*** Find 10 things in your home that float and sink. Try them out and see if you’re right.
 | **COOK*** Help make something you have never made before. *Was it yummy? Would you make it again?*
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| **GAMES*** Play *Guess Who?*
 | **CONNECT*** Talk with your family about the foods you all eat now. Is it different from the food they used to eat when they were younger? What has changed? Why?
 | **ACTIVE*** Go for a walk/run: Walk to the power pole or next house, run to the next one, then walk to the next one. Keep on going.
 | **RELAXATION*** Find some quiet music online or use some of your own. Lie with your eyes closed or just relax and listen.
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| **MUSIC*** Think of a song you learnt at school. Sing it to your family.
 | **TECHNOLOGY*** Choose 2 containers from home and predict which one will hold more water and explain why.
 | **HELPING*** Water the garden using a watering can or the hose.
 | **FREE CHOICE*** Choose an activity that you would like to do. *Think about activities that you enjoy. Ask others if they would like to do the activity with you.*
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