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| **Activities and Ideas** |
| EVERYDAY ACTIVITIES |
| READ* Read the list you make (in the DRAW or WRITE section) to someone. Do they agree?

  | MOVE* Make an obstacle course. What can you go under in your house? What can you climb over?

  | DRAW OR WRITE* Write lists of what things you can go under and over.

  | SPEAK AND LISTEN* Talk about your list (in the DRAW or WRITE section). Can everyone go under the same things you do?

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| DURING THIS WEEK |
| **FINE MOTOR*** Trace around a hand and cut it out. Use it to measure how long some things in your house are.

  | **CREATIVE*** Draw your family in order from shortest to tallest.

  | **CONSTRUCTION*** Make a frame for your picture of your family. What materials could you use?

  | **COOK*** Make gingerbread people. Decorate them to represent your friends and family members.

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| **GAMES*** Play *Memory/ Find the same.*

  | **CONNECT*** Speak to all the people you included in your family drawing. Ask them if they agree with who is shortest and who is tallest.

  | **ACTIVE*** Ask an adult to time you walking to the end of your street and then running back.

  | **RELAXATION*** Lie on the floor with your legs up the wall and your eyes closed. Can you stay there for five minutes?

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| **MUSIC*** Get some rubber bands and stretch around a plastic cupto make a guitar.

  | **TECHNOLOGY*** Make a video or take a photo of what you’re doing to send to a grandparent or a friend

  | **HELPING*** Make your bed.

  | **FREE CHOICE*** Choose something you would like to do.

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T-Year 2:

Placemat 7