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| **Activities and Ideas** | | | |
| EVERYDAY ACTIVITIES | | | |
| READ   * Read the list you make (in the DRAW or WRITE section) to someone. Do they agree? | MOVE   * Make an obstacle course. What can you go under in your house? What can you climb over? | DRAW OR WRITE   * Write lists of what things you can go under and over. | SPEAK AND LISTEN   * Talk about your list (in the DRAW or WRITE section). Can everyone go under the same things you do? |
| DURING THIS WEEK | | | |
| **FINE MOTOR**   * Trace around a hand and cut it out. Use it to measure how long some things in your house are. | **CREATIVE**   * Draw your family in order from shortest to tallest. | **CONSTRUCTION**   * Make a frame for your picture of your family. What materials could you use? | **COOK**   * Make gingerbread people. Decorate them to represent your friends and family members. |
| **GAMES**   * Play *Memory/ Find the same.* | **CONNECT**   * Speak to all the people you included in your family drawing. Ask them if they agree with who is shortest and who is tallest. | **ACTIVE**   * Ask an adult to time you walking to the end of your street and then running back. | **RELAXATION**   * Lie on the floor with your legs up the wall and your eyes closed. Can you stay there for five minutes? |
| **MUSIC**   * Get some rubber bands and stretch around a plastic cupto make a guitar. | **TECHNOLOGY**   * Make a video or take a photo of what you’re doing to send to a grandparent or a friend | **HELPING**   * Make your bed. | **FREE CHOICE**   * Choose something you would like to do. |

T-Year 2:

Placemat 7