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| **Activities and Ideas for year 3 to year 6** | | | |
| EVERYDAY ACTIVITIES | | | |
| **READ**   * Research animals that live in two very different places (eg camels and polar bears). | **MOVE**   * Make up a dance combining different animal moves. | **DRAW OR WRITE**   * Draw and label a diagram of one of the animals you researched in the READ activity. | **SPEAK AND LISTEN**   * Explain how each animal (from READ) is suited to its environment |
| DURING THIS WEEK | | | |
| **FINE MOTOR**   * **Origami** is folding paper to create. *What can you make by folding paper? Can you find origami designs to use? What was easy or hard about your origami?* | **CREATIVE**   * Make a pet rock or stick. Decorate it with paint or other materials. *What skills did you use to make your pet? Talk about how challenging or how easy the task was.* | **CONSTRUCTION**   * Make a house or enclosure for your pet rock or stick (CREATIVE). Include any rooms or furnishings like a bed etc. *Did you make or find things to use? Talk about the design and the purpose of each room or item.* | **COOK**   * Think about food and your senses. *What foods look bad but smell and taste good? What foods look good but smell and taste bad? Make a list. Talk about your list and why you chose those foods.* |
| **GAMES**   * Play **Charades** with family or friends. *Who played the game the best? Were they best at guessing or acting? Talk about the different hand signals and body language used in your game.* | **CONNECT**   * Video chat with a friend or family member who lives somewhere else. *Talk about all the things that you are doing. What has been fun? Have you had any challenges? Did you find solutions?* | **ACTIVE**   * Make an obstacle course in your house or yard. *Talk about what you could use around your home to make the course interesting. What could make it easier or harder?* | **RELAXATION**   * Try some colouring or drawing in silence. *Was it easy or hard to do this task in silence? Talk about how you felt before and after your colouring or drawing?* |
| **MUSIC**   * Listen to your favourite music, choose a few songs you like to sing along with and enjoy some time doing it this week. *Are the songs the same type/genre of music? Why do you think you like this kind of music?* | **TECHNOLOGY**   * Imagine you are a crazy zoologist and have just created a new animal. *Draw what the animal looks like and label important features. Talk about what its special skills would be.* | **HELPING**   * Ask if you can wash the car, boat, dog or anything else that might need cleaning. *Check with an adult how you could complete the chore. Talk about what else needs to be done in the garden/yard for another day.* | **FREE CHOICE**   * Choose an activity that gives you a break. *What could you do that is for you? Think about activities that you enjoy. Talk about your activity choice with others.* |

Years 3-6:

Placemat 4