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| **Activities and Ideas for year 3 to year 6** |
| EVERYDAY ACTIVITIES |
| **READ*** Research animals that live in two very different places (eg camels and polar bears).

  | **MOVE*** Make up a dance combining different animal moves.

  | **DRAW OR WRITE*** Draw and label a diagram of one of the animals you researched in the READ activity.

  | **SPEAK AND LISTEN*** Explain how each animal (from READ) is suited to its environment

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| DURING THIS WEEK |
| **FINE MOTOR*** **Origami** is folding paper to create. *What can you make by folding paper? Can you find origami designs to use? What was easy or hard about your origami?*
 | **CREATIVE*** Make a pet rock or stick. Decorate it with paint or other materials. *What skills did you use to make your pet? Talk about how challenging or how easy the task was.*
 | **CONSTRUCTION*** Make a house or enclosure for your pet rock or stick (CREATIVE). Include any rooms or furnishings like a bed etc. *Did you make or find things to use? Talk about the design and the purpose of each room or item.*
 | **COOK*** Think about food and your senses. *What foods look bad but smell and taste good? What foods look good but smell and taste bad? Make a list. Talk about your list and why you chose those foods.*
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| **GAMES*** Play **Charades** with family or friends. *Who played the game the best? Were they best at guessing or acting? Talk about the different hand signals and body language used in your game.*
 | **CONNECT*** Video chat with a friend or family member who lives somewhere else. *Talk about all the things that you are doing. What has been fun? Have you had any challenges? Did you find solutions?*
 | **ACTIVE*** Make an obstacle course in your house or yard. *Talk about what you could use around your home to make the course interesting. What could make it easier or harder?*
 | **RELAXATION*** Try some colouring or drawing in silence. *Was it easy or hard to do this task in silence? Talk about how you felt before and after your colouring or drawing?*
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| **MUSIC*** Listen to your favourite music, choose a few songs you like to sing along with and enjoy some time doing it this week. *Are the songs the same type/genre of music? Why do you think you like this kind of music?*
 | **TECHNOLOGY*** Imagine you are a crazy zoologist and have just created a new animal. *Draw what the animal looks like and label important features. Talk about what its special skills would be.*
 | **HELPING*** Ask if you can wash the car, boat, dog or anything else that might need cleaning. *Check with an adult how you could complete the chore. Talk about what else needs to be done in the garden/yard for another day.*
 | **FREE CHOICE*** Choose an activity that gives you a break. *What could you do that is for you? Think about activities that you enjoy. Talk about your activity choice with others.*
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Years 3-6:

Placemat 4