

Penalties apply for the following breaches of law:

- Failure to have adequate lighting on bicycle at night
- Riding bicycle incorrectly
- Carrying excess persons on bicycle
- Riding within 2 metres of rear of motor vehicle
- Failing to give way to pedestrian
- Riding in race or trial without permit
- Bicycle rider holding onto moving motor vehicle
- Riding bicycle without helmet, or without a securely fastened helmet
- Rider failing to ensure child or young person wears a helmet on a bicycle designed to carry them.

Requirements for safe cycling:

- 1 Bell or horn in good working order.
- 2 White light at front that works.
- 3 White reflector at front.
- 4 Brakes that work.
- 5 Seat and handlebars adjusted to suit the rider.
- 6 Red reflector at rear.
- 7 Red light at rear that works.
- 8 ALWAYS wear a helmet!



For further information regarding road safety please contact the Department of Planning and Infrastructure, Road Safety Branch.

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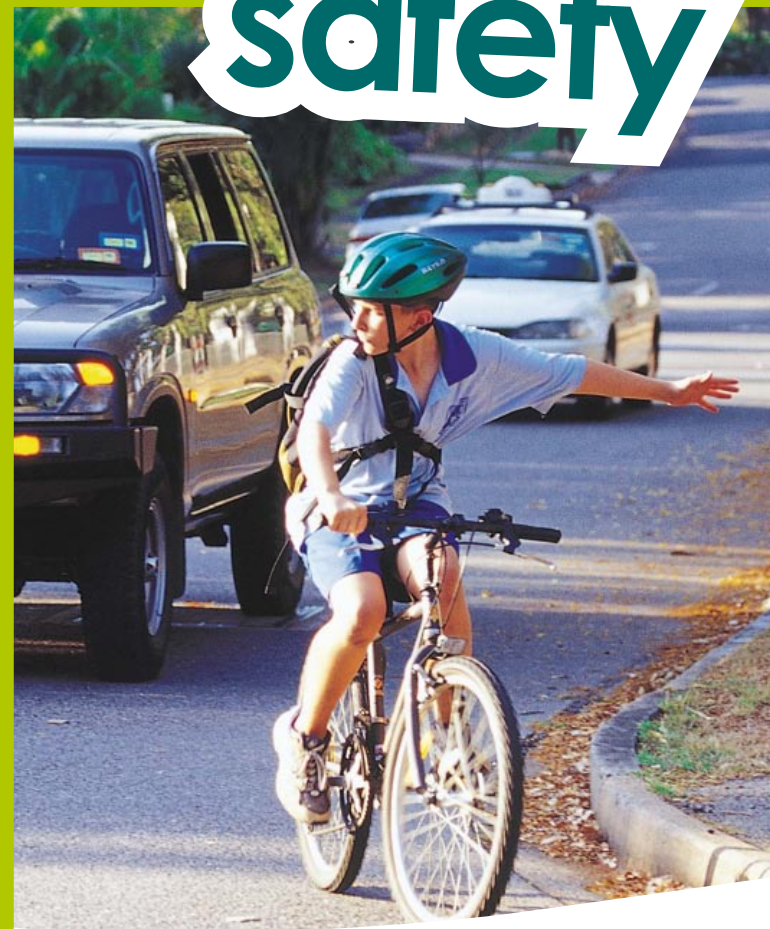
Fax: 08 8951 5151

www.roadsafety.nt.gov.au

For current legislation refer to the *Northern Territory Traffic Act* and *Traffic Regulations*.

www.nt.gov.au/dcm/legislation/current.html

cycling safety



Rules to remember when riding your bicycle

Helmets

- For a person under 17 years of age, an approved helmet must be worn at all times while riding, correctly fitted and fastened.
- For a person 17 years of age or older, an approved helmet must be worn, correctly fitted and fastened, when travelling on a road or on a bicycle lane that forms part of the road.
- The above helmet requirements apply to the rider and any person being carried on a bicycle.

Note: An approved helmet is a helmet that complies with Australian Standard AS/NZS 2063.

You must always have:

- At least one effective brake.
- A bell, horn or similar warning device in working order.

In addition:

When riding at night or in hazardous weather conditions causing reduced visibility, the bicycle must have:

- *Front light* – a flashing or steady white light that is clearly visible for at least 200 metres.
- *Rear light* – a flashing or steady red light that is clearly visible for at least 200 metres.
- *Rear red reflector* – that is clearly visible for at least 50 metres when a vehicle's headlights shine on it.

At all times when riding:

- Keep at least one hand on the handlebars.
- Do not carry more persons on the bicycle than it is designed to carry.
- Do not hold onto another moving vehicle while riding a bicycle.
- Always give hand signals to indicate which direction you are about to travel.
- Do not cause a traffic hazard by moving into the path of a driver or pedestrian.
- Do not carry a load that flaps, sways or overhangs the sides, front or back of the bicycle.
- If you are 16 years old or older, you may carry a person under 10 years in a bicycle trailer if it is safe to do so and the person is wearing a securely fitted and fastened helmet.

When cycling on bicycle paths and footpaths:

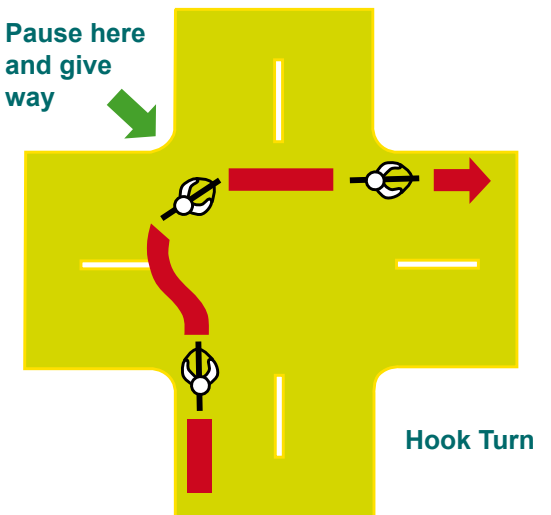
- You must keep to the left of any oncoming bicycle rider.
- You can ride on footpaths (unless prohibited by a 'No Bicycle' sign), but you must keep left and give way to pedestrians.
- Use your bell or horn to warn others, especially when riding up behind them.



When cycling on the road:

- As a bicycle rider you are "driving" a vehicle. You have the same rights and responsibilities as any other driver on the road.
- You must obey all road rules including traffic signs, lights and road markings.
- You must ride as near as practicable to the far left side of the road.
- You must not ride past, or overtake, to the left of a vehicle that is turning left.
- You can turn right from either the left or right lane of a multi-lane roundabout. If you use the left lane, you must give way to any vehicle leaving the roundabout.
- Do not ride across a road on a children's crossing, marked foot crossing or pedestrian crossing.
- Do not ride within 2 metres of the rear of a moving vehicle continuously for more than 200 metres.
- You can turn right at an intersection by making a 'Hook Turn' (see picture below) unless prohibited.

Pause here and give way



protect your brains - wear a helmet!