How a Crime May Effect You

People can be affected in many different ways when they become a victim of crime. While emotions such as fear or anger, or physical symptoms such as feeling ill or being unable to sleep are common, not everyone responds in this way. Some people feel quite normal for a little or long while then things start to feel very shaky and challenging
Factors that impact on how you are affected can include:

- The type of crime
- Whether you knew the person who committed the crime
- The support you get from family and friends
- The support you get from the police, legal system and other services
- Things that have happened to you in the past (because if you've had to deal with difficult events you may have found ways of coping.

You are not alone:

We are here to assist you with information, support and counselling.

- Face to Face counselling is available in Darwin, Alice Springs, Nhulunbuy and Katherine.
- Telephone counselling is available to support remote clients.

Referrals

Referrals can be made by calling
Freecall 1800 898 500
to speak to one of our friendly staff.
(Call is free from any fixed telephone line.)

People can refer themselves or they can be referred by another service or professional (e.g., GP).

Service Fee: Free (No Fee)
We are at the following locations:

Darwin: 1/5 Goyder Road
Parap
08 8946 4800

Nhulunbuy: Lot 6 Chesterfield
Circuit
08 8939 3400

Alice Springs: Shop 10 Cinema
Complex
Leichhardt Tce
08 8951 8000

Katherine: 15 Third Street,
Katherine NT 0850
Freecall 1800 898 500

Monthly visiting services are provided to Katherine from Darwin and Tennant Creek from Alice Springs.

Email: resolve@anglicare-nt.org.au
Website: www.anglicare-nt.org.au

resolve
COUNSELLING • MEDIATION • EDUCATION

Victims of Crime Counselling and Support Service

FREECALL 1800 898 500

This service provides free counselling and support services to individuals/families/children/friends to resolve potential issues they face as a result of witnessing or being affected by a crime.

Funded by the NT Government

Anglicare NT
RESPECT • FAIRNESS • COMMUNITY

Victims of Crime

Our professional counsellors use restorative counselling practices and are skilled and experienced in grief, loss and trauma counselling to support people to start the journey to resolve any potential issues.

Being a victim of crime can affect people in different ways. Some people experience no significant affects whilst for others the experience can significantly impact upon their ability to engage in work, relationships and day to day activities.

If you have been a victim, witnessed or been affected by a crime such as:

- Assault, aggravated assault, sexual assault
- Domestic violence
- Robbery
- Theft; unlawful entry
- Homicide (family/friend)
- Stalking
- Harassment
- Armed hold up
- Criminal damage, etc

We can help by:

- Providing professional counselling services and assisting you to understand the impact the event has had on your life and why.
- Assisting you to understand what to expect (e.g. what are common reactions to these types of events and strategies for managing these impacts.
- Helping you to understand your rights as a victim.
- Helping you to understand the legal process.
- Assist you to prepare for attending court.
- Assisting you to complete applications for compensation.
- Assisting you to identify your hopes and goals for the future and finding pathways to them.

Family and Friends

Supporting a family member or friend who has been affected by crime can be a challenging task. Often we can feel helpless and unsure of what to do. Being the support person can also take a toll on you personally.

If you are supporting a friend or family member who has been affected by crime we can help by;

- Providing you with professional counselling services and assisting you to understand what impact the event may have had on your friend / family member's or your life.
- Helping you to develop strategies for supporting your family member/friend.
- Assisting you to look after yourself.

Community Groups

Our skilled professionals are available to speak to groups and/or run workshops on a range of issues which can be tailored to the specified need. For example:

- The impact of crime on victims
- Helping loved ones to cope after a traumatic crime