Safe Sleeping

- Put babies to sleep on their backs.
- Make sure they don't get too hot or too cold.

Northern Territory Government

Families as First Teachers
helping families helping children

Keeping Kids Safe

a smart **Territory**
fresh ideas | real results

Families keep kids safe when they are very young.
Families teach kids what's safe and what's not safe.

Watching kids

- Watch your kids. Families are ready to help if something is not safe.
- Only leave kids with people you can trust to make sure they are safe.

Good rules

- Keep kids safe
- Are easy to understand
- Stay the same every day
- Teach kids what to do

Kids like to do things their way

- Distract kids and stop them doing things that are not safe.
- Move kids away from a problem or move the problem away from kids.

Learning what's safe from experience

- Kids learn things everyday from their experiences. They try things out to see what happens.
- Kids learn how to behave by experimenting too. Families can help by ignoring bad behaviour and noticing kids doing the right thing.