

## Dear family

Your child has been learning about the importance of being a safer passenger. The list below highlights the key areas we have been learning about at school. It would be great if you could discuss with your child the ways to stay safer when travelling in a vehicle.

- It is safer to sit in the back seat of the car.
- Everyone in the car must wear a restraint.
- Have an adult check your restraint to make sure it is on correctly.
- Sit quietly and don't distract the driver.
- Choose quiet activities to take on trips (e.g. books or puzzles).
- Don't play with the windows or door handles.
- Keep all body parts inside the car.
- Only unbuckle restraints when the car has completely stopped.



**There are some things you can remember that will help make trips in the car safer and more enjoyable for everyone.**

- ✓ Make sure that your child has things to do in the car - especially on long trips.
- ✓ Make sure your child is not hungry, thirsty or in need of the toilet before getting in the car.
- ✓ If there is a problem with your child while you are driving, stop the car and solve it.
- ✓ Let your child know when they are behaving safely in the car and congratulate them for not distracting you while driving.

## At home activity

Help your child to make a 'travel bag'. Find things to put in the bag that can be used safely in the car and won't distract you while driving. Some ideas are card games, colouring in books, hand held games, stories or audio recordings and books.

Let your child take their travel bag to school to show the class.

Perhaps try teaching your child a few car games such as I spy or Spot that can be played by the all the family.

**Thank you for playing a vital role in your child's road safety education.**

Yours sincerely

Classroom Teacher