

Restraints

Dear family

Road crashes are a major cause of death and injury for children in the Northern Territory. Child restraints can dramatically reduce the chance of death or serious injury to your child if you are involved in a crash.

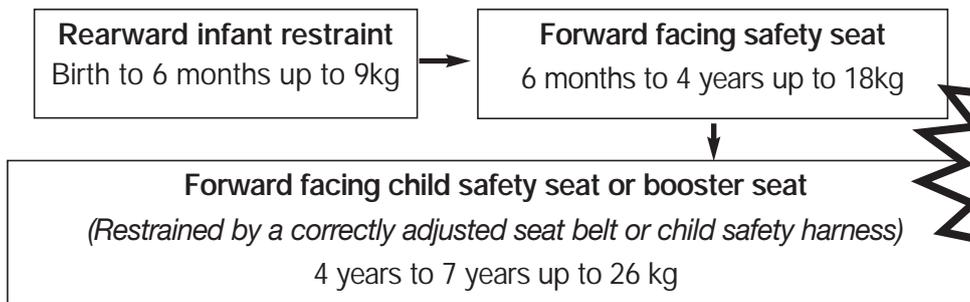


All children must use a restraint even when:

- you are driving slowly
- you are on a short trip
- they are asleep in the car
- your child doesn't want to sit in the restraint.

Did you know that a restraint will only work properly when it is correctly fitted in the car and the right size for your child? Children need different restraints as they grow. A child's size and weight are more important than age when choosing an appropriate child restraint.

Children need different restraints as they grow.



Use the website
www.mvr.nt.gov.au
for more information
about child car
restraints

Your child should:

- ✓ ask an adult to check that their restraint is correctly buckled up
- ✓ sit in a booster seat with a lap-sash belt
- ✓ always wear a restraint until the vehicle has completely stopped.

At home activities

1. Remind your child to practise these things every time they ride in a car:

- putting on a restraint
- buckling up their restraint

2. If you have a camera, take a photograph of your child sitting in their restraint then send it to school.

3. Restraint check

With your child, check the condition of the restraints in your family car/s. Are they:

- in good condition
- easy to use
- worn or frayed
- easy to adjust

Thank you for playing a vital role in your child's road safety education.

Yours sincerely

Classroom Teacher