

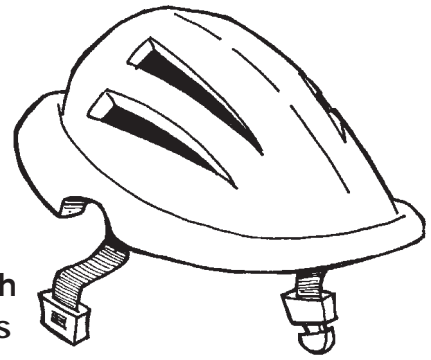


Helmet safety check

Dear family

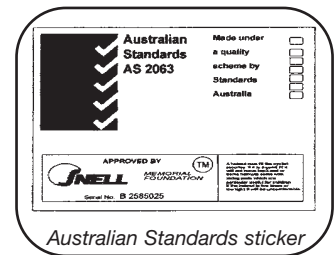
Did you know that current NT legislation states that children under to the age of 17 must wear an approved cycling helmet that meets Australian Standards (AS2063)?

Did you know that head injuries are the main cause of death and disability to cyclists and that the correct use of helmets can decrease the risk of head injury by 85%?



Please take the time to complete this helmet safety check with your child.

- The helmet has an Australian Standards sticker. 😊 ☹️
- The helmet is not broken or damaged. 😊 ☹️
- The helmet fits snugly and isn't not too tight or too loose. 😊 ☹️
- The helmet covers the forehead and temples. 😊 ☹️
- The chinstrap clip is not broken and fastens firmly. 😊 ☹️



Rate your helmet ★★★★★

Explain your rating _____

I can put my helmet on and buckle up the clip. 😊 ☹️

Thank you for playing a vital role in your child's road safety education.

Yours sincerely

Classroom Teacher

Take a photo of your child wearing their helmet and paste here OR...
your child can draw a picture of themselves wearing a helmet in this space.

This is _____ wearing a helmet.