
















ACTIVITIES AND IDEAS

EVERYDAY ACTIVITIES

<p>READ</p> <ul style="list-style-type: none"> Match name cards of family names. <i>Ask whose name is this. How do you know? How can you tell?</i> 	<p>MOVE</p> <ul style="list-style-type: none"> Give instructions to your child to jump on the card (from DRAW OR WRITE) that is a star, circle, etc. 	<p>DRAW OR WRITE</p> <ul style="list-style-type: none"> Create shape cards to use in the MOVE activity. Draw one shape on each card. Use the cards again to play a matching game. 	<p>SPEAK AND LISTEN</p> <p>Talk about each family member's name and why they were named that.</p> 
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DURING THIS WEEK

<p>FINE MOTOR</p> <ul style="list-style-type: none"> Encourage your child to tear small pieces of coloured paper with their thumb, index, and middle fingers—alternating with each hand. Then have them create a collage by gluing each piece onto larger paper. 	<p>CREATIVE</p> <ul style="list-style-type: none"> Make a collage with pieces of shiny foil—cut it, tear it, smooth it, crumple it. Colour it with textas. 	<p>CONSTRUCTION</p> <ul style="list-style-type: none"> While enjoying the outdoors collect some sticks, rocks, branches and stones to construct a small city with your child. Play with toy cars, trucks, animals, people etc. in the city. 	<p>COOK</p> <ul style="list-style-type: none"> Make Salt Dough: Combine 1 cup of flour, 1 cup of salt and gradually add 1 cup of lukewarm water and a small drop of cooking oil. Mix ingredients together ensuring it's not crumbly. Make dough into a flat shape. Press your child's hand into the shape. Once dry – paint and decorate. 
<p>GAMES</p> <ul style="list-style-type: none"> Set up a mini bowling alley by using overturned plastic cups as pins. Use a triangle setup or create a stacked pyramid. Roll a small ball to knock them down. <i>Take turns. Talk about how many were knocked over/still stand.</i> 	<p>CONNECT</p> <ul style="list-style-type: none"> Write your child's name on a large piece of paper. Use a variety of items for your child to create their name. eg playdough. Write their name for them to trace (on paper, in the sand). <i>Discuss their name and why they were called this.</i> 	<p>ACTIVE</p> <ul style="list-style-type: none"> Google children's yoga poses and practise some of these with your child. <i>Do some stretches beforehand.</i> 	<p>RELAXATION</p> <ul style="list-style-type: none"> Place some sand in a tray for your child to calmly draw pictures in. Pebbles and small sticks can be added later if wanted. 
<p>MUSIC</p> <ul style="list-style-type: none"> Together with your child tap sticks together to make music. Use these when listening to and playing music. 	<p>TECHNOLOGY</p> <ul style="list-style-type: none"> Plant seeds from something you have eaten – tomato, pumpkin or watermelon. 	<p>HELPING</p> <ul style="list-style-type: none"> Encourage your child to help, sort and separate items to recycle or reuse for another purpose. 	<p>FREE CHOICE</p> <ul style="list-style-type: none"> This is an opportunity for children to have some independence. Ask, <i>What would you like to do now? Why would you like to do that?</i> 