

THE FACTS ABOUT VAPING



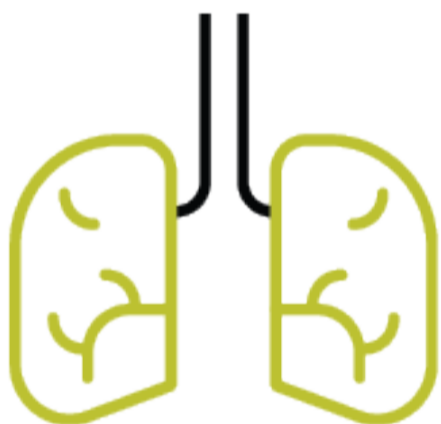
Many vapes contain nicotine making them **very addictive**



The nicotine in 1 vape can **= 50 cigarettes**



Young people who vape are **3 times** as likely to take up smoking



Vaping has been linked to **serious lung disease**



Vape aerosol **is not water vapour**



Vapes can contain the same **harmful chemicals** found in cleaning products, nail polish remover, weed killer and bug spray.

The biggest misunderstanding about vapes is that they are harmless compared to cigarettes. This is not true. Vapes are not safe.



Do you know what you're vaping?
Get the evidence* and facts at nt.gov.au/vaping

*All statements are backed by evidence which can be found on the website

NT Health gratefully acknowledges NSW Health as the authors and owners of the 'Do you know what you're vaping?' campaign.



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