

















## ACTIVITIES AND IDEAS

### EVERYDAY ACTIVITIES

<p><b>READ</b></p>  <ul style="list-style-type: none"> <li>Read a short picture book to your child. <i>Talk about the spine that holds the book together. Talk about holding the book up the right way and how to carefully turn the pages.</i></li> </ul>	<p><b>MOVE</b></p>  <ul style="list-style-type: none"> <li>Free dance to music. <i>Talk about the ways you are moving, what parts of your body are you using?</i></li> </ul>	<p><b>DRAW OR WRITE</b></p>  <ul style="list-style-type: none"> <li>Trace around things you have found in the garden, the bush or the beach (FINE MOTOR)</li> </ul>	<p><b>SPEAK AND LISTEN</b></p>  <ul style="list-style-type: none"> <li>Talk about important celebrations in your family.</li> </ul>
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### DURING THIS WEEK

<p><b>FINE MOTOR</b></p>  <ul style="list-style-type: none"> <li>Collect stones from the garden or the bush or shells from the beach. Sit with your child to sort and discuss these. Sort by colours, shapes, sizes, etc.</li> </ul>	<p><b>CREATIVE</b></p>  <ul style="list-style-type: none"> <li>Ask your child to draw each member of your family. <i>Talk about each person - what they like, their favourite food, game etc.</i></li> </ul>	<p><b>CONSTRUCTION</b></p>  <ul style="list-style-type: none"> <li>Use blocks, Lego, boxes or whatever else you can find to build tall towers. <i>Talk about which is the tallest and shortest.</i> Later your child may want to draw their construction.</li> </ul>	<p><b>COOK</b></p>  <ul style="list-style-type: none"> <li>Teach your child how to hold a butter knife. Teach them how to spread their favourite spread onto a biscuit, cracker or bread.</li> </ul>
<p><b>GAMES</b></p>  <ul style="list-style-type: none"> <li>Collect 5 paper plates. Write the numbers 1 to 5 in the middle of each plate. <i>Ask your child to clip pegs to represent each number on the plate.</i> E.g.: Number 1 = 1 peg. Number 2 = 2 pegs.</li> </ul>	<p><b>CONNECT</b></p>  <ul style="list-style-type: none"> <li>Compare your culture with other cultures. What might be the same or different in your culture and others? E.g.: same or different foods, language, beliefs, celebrations etc.</li> </ul>	<p><b>ACTIVE</b></p>  <ul style="list-style-type: none"> <li>Enjoy some outside activities. Ride a bike, ride a scooter, jump on a trampoline, kick/throw a ball, etc.</li> </ul>	<p><b>RELAXATION</b></p>  <ul style="list-style-type: none"> <li>Using your 5 senses, explore your indoors and outdoors. <i>Ask about what you can taste, touch, smell, hear and see in each place.</i></li> </ul>
<p><b>MUSIC</b></p>  <ul style="list-style-type: none"> <li>Make a drum by using a balloon or glad wrap to cover the top of a hollow container.. Experiment making sounds and tapping a beat.</li> </ul>	<p><b>TECHNOLOGY</b></p>  <ul style="list-style-type: none"> <li>Choose 2 containers and predict which one will hold more water. <i>Ask, How do you know? How can you check? Explain why you think that.</i></li> </ul>	<p><b>HELPING</b></p>  <ul style="list-style-type: none"> <li>Let your child use spray bottles to water plants. Using the hose is good too.</li> </ul>	<p><b>FREE CHOICE</b></p>  <ul style="list-style-type: none"> <li>This is an opportunity for children to have some independence. <i>Ask, What would you like to do now? Why would you like to do that?</i></li> </ul>

