Activities and Ideas

EVERYDAY ACTIVITIES

READ

- Read WOMBAT STEW. *Talk about the naughty dingo and other characters in the book. (Watch the story on YouTube if you don't have the book.)*

MOVE

- Ask your child to move in a certain way. Join in to make it more fun. "Let's move to the kitchen like a snake/ ballerina/ ragdoll' Maybe move like some of the animals in WOMBAT STEW.

DRAW OR WRITE

- Have your child draw or write a list of 3 things they would like to do today. *It doesn't matter that your child knows the words or even letters. By making 'marks' on paper they are learning that print has meaning.*

SPEAK AND LISTEN

- I WENT SHOPPING: Say *"I went shopping and bought some bread..."* Taking turns repeating what has been said and adding something new each time e.g. *"I went shopping and bought some bread and some milk"*. How many items can you get?

DURING THIS WEEK

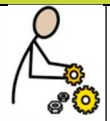
FINE MOTOR

- Make a paper plane. Try folding the plane in different ways to make larger/ smaller wings. See which flies for the longest time or the longest distance..

CREATIVE

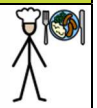
- Mix a small amount of food colouring with water. With a paint brush, leaf or eye dropper place a little of the paint onto a piece of kitchen towel. Watch the colour move through the paper.

CONSTRUCTION



- Make a toy house from a large cardboard box. Cut out windows and a door if you can. Also try to decorate the box or make furniture.

COOK

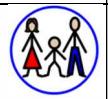


- WOMABT STEW: Read the story or watch on YouTube. Take a big pot into the garden and create your own delicious wombat stew.

GAMES

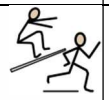
- Toy Hide and Seek: Take turns to hide a toy somewhere in the house, and then search for it. Use verbal prompts and positional words such as 'behind, under, up, down, near, close to etc.

CONNECT



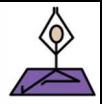
- Sit on the floor facing each other, legs crossed, holding both hands. Sing *"Row, row, row your boat"*. Rock back and forth as you sing. *This teaches children to listen to audio cues and match body movements.*

ACTIVE



- Use pillow cases and have a sack race in the garden.

RELAXATION



- Lie on the floor and listen to a story from *storylineonline.net*. *After the story has finished, stay together and talk about what you enjoyed about the story and if you can think of a better ending.*

MUSIC

- MUSICAL BUMPS: *(like Musical Chairs)* Using pillows on the floor, play some music and walk around the room. When the music stops, race to sit on a pillow.

TECHNOLOGY

- Make binoculars out of cardboard rolls. Ask *What can you see? Discuss why you might use binoculars.*

HELPING

- Discuss the different parts of a plant and what you must do to care for the plant.

FREE CHOICE

- This is an opportunity for children to have some independence. *Ask, what would you like to do now?*