
















ACTIVITIES AND IDEAS

EVERYDAY ACTIVITIES

<p>READ</p> <ul style="list-style-type: none"> Encourage your child to have quiet time looking at books and reading for themselves. 	<p>MOVE</p> <ul style="list-style-type: none"> Ask your child to brush their teeth. <i>Talk about what actions are needed.</i> 	<p>DRAW OR WRITE</p> <ul style="list-style-type: none"> Draw a picture about the book they have looked at today. 	<p>SPEAK AND LISTEN</p> <ul style="list-style-type: none"> Tell someone in your family what you did/made today. <i>Talk about things you enjoyed and the things you found easy or hard.</i> 
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DURING THIS WEEK

<p>FINE MOTOR</p> <ul style="list-style-type: none"> Use squares of coloured card and use a texta or crayon to draw a maze. Invite your child to use scissors to cut through the maze or follow the line. 	<p>CREATIVE</p> <ul style="list-style-type: none"> Draw 10 circles and turn them into something (a pizza, the world, a soccer ball, a face) 	<p>CONSTRUCTION</p> <ul style="list-style-type: none"> Using blocks, Lego or items such as sticks, make a simple maze or racetrack shape. You could have fun problem solving to create dead ends or a large spiral. 	<p>COOK</p> <ul style="list-style-type: none"> Mix lemonade and juice together and pour into cups. Add chopped up fruit if you like. 
<p>GAMES</p> <ul style="list-style-type: none"> Collect objects found in your house or yard. Make simple 2 item patterns e.g. leaf, rock, leaf, rock. Add another object leaf, rock, stick, leaf rock, stick. <i>Ask what comes next? How do you know?</i> 	<p>CONNECT</p> <ul style="list-style-type: none"> With someone, go on a shape or colour hunt around the house. Find a circle / square / triangle, or blue / red / yellow things <i>Talk about it with a family member or friends. Was it easy or hard?</i> 	<p>ACTIVE</p> <ul style="list-style-type: none"> Spend time outside and watch the birds around you. Draw your favourite ones. 	<p>RELAXATION</p> <ul style="list-style-type: none"> Find a safe corner in the back yard to build a cubby. Use sheets, chairs, tree trunks etc. Lay down a rug, add pillows, cushions and books. Relax and enjoy some sunshine. 
<p>MUSIC</p> <ul style="list-style-type: none"> With the shaker made (in TECHNOLOGY) sing and do some actions: <i>Shake it high, Shake it low; Round and round is how we go Can you reach and touch your toes? Touch your shaker to your nose.</i> 	<p>TECHNOLOGY</p> <ul style="list-style-type: none"> Make a shaker using an old plastic bottle or glass jar. Put a ½ cup of rice or grain into the jar and screw the lid on tightly. Paint and decorate it. Make other types of instruments using recycled materials. 	<p>HELPING</p> <ul style="list-style-type: none"> Have a tea party or picnic outside. Plan together and <i>talk about the food and things you might need such as plates, cups etc.</i> Collect the items and prepare the snacks together. 	<p>FREE CHOICE</p> <ul style="list-style-type: none"> This is an opportunity for children to have some independence. <i>Ask, What would you like to do now? Why would you like to do that?</i> 