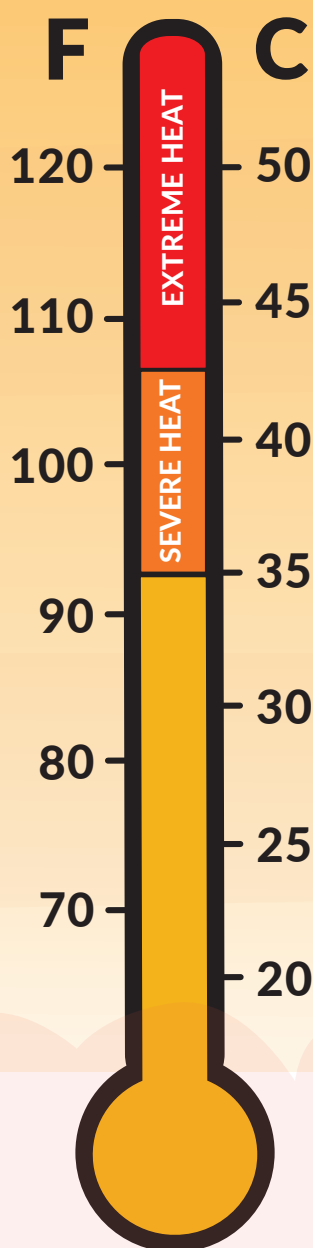


# EXTREME HEAT CAN BE FATAL



We know it's warm across the Top End of the Territory for most of the year but it's important to recognise when hot weather becomes extreme heat.

Extreme heat conditions can have serious impacts on your health so it's important to be aware of the Heat Health Warnings so you can make sure you're prepared to beat the heat.

Heat Health Warnings will be issued when certain heatwave triggers have been met.



## EXTREME HEAT HEALTH WARNINGS

*Extreme heat can be dangerous for everyone, including pets.*

Warnings are issued when temperatures for a 3 day period are considered extremely hot for that location. Typically these temperatures will range from the low to mid-forties, with the overnight temperature in the mid to high-twenties providing minimal relief.



## SEVERE HEAT HEALTH WARNINGS

*Severe heat can impact the health of vulnerable groups including older people, babies, children, people with medical conditions, women who are pregnant or breastfeeding and pets.*

Warnings are issued when temperatures for a 3 day period are considered hot for that location. Typically these temperatures will range between the high-thirties to low-forties, with the overnight temperature in the mid-twenties.