

ACTIVITIES AND IDEAS			
EVERYDAY ACTIVITIES			
<p>READ</p> <ul style="list-style-type: none"> Encourage your child to read or identify the different names on the stones or paper (from DRAW OR WRITE) 	<p>MOVE</p> <ul style="list-style-type: none"> Set up a target outside and practice throwing something at it (sticks, balls or cans). 	<p>DRAW OR WRITE</p> <ul style="list-style-type: none"> Write your family's names on stones or paper. 	<p>SPEAK AND LISTEN</p> <ul style="list-style-type: none"> Pronounce the first letter of each family member's name and ask your child to guess the full name. 
DURING THIS WEEK			
<p>FINE MOTOR</p> <ul style="list-style-type: none"> Hide buttons or small stones in playdough. Have your child dig them out and hide them again. This process is a good way to strengthen hand muscles. 	<p>CREATIVE</p> <ul style="list-style-type: none"> Plan a puppet show. Ask children which favourite story they would like to retell. Make puppets – finger puppets, sock puppets, use teddies or dolls. Make a background scene or props. 	<p>CONSTRUCTION</p> <ul style="list-style-type: none"> Using chalk outside or large paper, work with your child to draw a city or town. Make places of importance such as school, shops, houses etc. Find items to place around the town. 	<p>COOK</p> <ul style="list-style-type: none"> Mix up 3 drops of food colouring into small cups of milk. You will need at least two colours. Use new paint brushes or cotton buds to paint a picture onto a piece of bread. Toast and butter. Ready to eat a rainbow! 
<p>GAMES</p> <ul style="list-style-type: none"> Play <i>Guess Who</i>: explain the game. Say "I am thinking of someone special". Give clues to your child. It can be a pet, a parent, a friend, or TV character. Swap and guess who your child has picked. 	<p>CONNECT</p> <ul style="list-style-type: none"> Draw a picture to send or show a friend or family member who can't be with you. <i>Talk together about what they are drawing and why they are drawing it for that person.</i> Scribe what you are talking about for the 'special person' to read or talk about. 	<p>ACTIVE</p> <ul style="list-style-type: none"> Play <i>Freeze</i>: explain the game to your child. When the music is playing dance around and when the music stops freeze like a statue. Randomly stop and start the music. 	<p>RELAXATION</p> <ul style="list-style-type: none"> Mix 1 cup water with ½ cup dishwashing liquid. Use wire or cookie cutters to create a bubble wand. Blow or wave the objects around to create bubbles. <i>Talk about the light and colours in a bubble. Try catching one!</i> 
<p>MUSIC</p> <ul style="list-style-type: none"> Make up a silly song using names of the people in your family, friends, pets or animals. 	<p>TECHNOLOGY</p> <ul style="list-style-type: none"> Use your hand to measure the length of 3 objects from around your home. Order them from shortest to longest. Find 10 leaves or sticks and order them from shortest to longest. 	<p>HELPING</p> <ul style="list-style-type: none"> Co-operate together to clean a room. Pull an old sock over your hand to dust. Use a sponge and a shaker of baking soda for tables and shelves. Mix 2 teaspoons of vinegar to 1 cup water in a spray bottle for windows. 	<p>FREE CHOICE</p> <ul style="list-style-type: none"> This is an opportunity for children to have some independence. <i>Ask, What would you like to do now? Why would you like to do that?</i> 

