

Rubbish in bins

- Germs spread in rubbish.
- Put rubbish in the bin to keep kids healthy.

Animals

- Animals carry lots of germs that can make kids sick.
- Keep animals outside and wash hands.

Families as First Teachers

helping families helping children

Healthy Homes



**a smart
Territory**
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Healthy homes are clean, safe places for kids to grow up in.

Safe homes

- Keep poisons, cleaning chemicals and medicines where kids can't get them.
- Keep small things away from babies. Babies put everything in their mouths.

Safe food

- Wash your hands before you cook to get rid of germs.
- Keep food in the fridge until you cook it to stop germs growing.

Bathrooms

- Clean bathrooms help keep families healthy.
- Use hot water and disinfectant to clean the bathroom and get rid of germs.

Blankets and clothes

- Clean blankets and clothes help kids to have healthy skin.
- Hang bedding and clothes in the sun to get rid of germs.

