



Everyday Learning Opportunities

Welcome

Preschool Everyday Learning Opportunities provides some advice, suggestions and ideas for families with preschoolers to engage with and promote learning through fun, day to day occurrences.

Useful Tips for Families

You can provide support for your child by:

- Talking with your child about what they are they are playing and learning during the day. This can help them learn new language and concepts.
- Reflect together at the end of the day about how the day went. You could ask your child if they find out anything new or if there is anything they are wondering about.
- Take some time to enjoy playing with your child, talk about what you are doing and why or how you are doing it. If they see you engaged, learning and having fun they might be curious to find out more and learn new things.
- Remember that screen time for children aged 2 to 5 years old is 1 hour each day with no more than 30 minutes at a time.

It is okay to make a mess! 😊

Children learn to tidy up and pack away activities after themselves while at preschool – this a great skill to keep practicing at home as well.

Learning Through Play



“Children learn as they play. Most importantly, in play children learn how to learn.”
O. Fred Donaldson

The Australian Early Years Learning Framework (EYLF) explains that “play provides opportunities for children to learn as they discover, create, improvise and imagine. When children play with other children they create social groups, test out ideas, challenge each other’s thinking and build new understandings. Play provides a supportive environment where children can ask questions, solve problems and engage in critical thinking. Play can expand children’s thinking and enhance their desire to know and to learn. In these ways play can promote positive dispositions towards learning. Children’s immersion in their play illustrates how play enables them to simply enjoy being.” (EYLF, 2009)

“Play is often talked about as if it were a relief from serious learning. But for children, play is serious learning.”

Mr. Rogers

Play is important because it means children are...

exploring, talking, thinking, trying, imagining, daydreaming, inventing, challenging, risk taking, giving, sharing, making choices, taking turns, working, relaxing, pausing, running, skipping, jumping, shouting, whispering, singing, making friends, being themselves, being someone else, role playing, acting, caring, negotiating, reading, writing, counting, measuring, trying things out, feeling, leading, following, problem solving, storytelling, building, laughing, smiling... **learning.**



The Value of Questions

Questioning is a powerful way to engage with children during their learning.

Asking open-ended questions to children allows them to develop and explain their thinking and theories about the world around them. Some questions you might like to ask your child while they are playing are:

What can you tell me about it?

How do you know?

What makes you think that?

Tell me more about ...

How could you/we find out?

It's important to also listen to and answer the questions your child may be asking you. This is their way of finding out, making discoveries and learning new things.

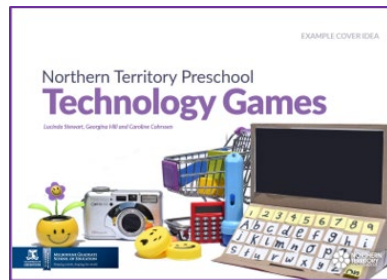
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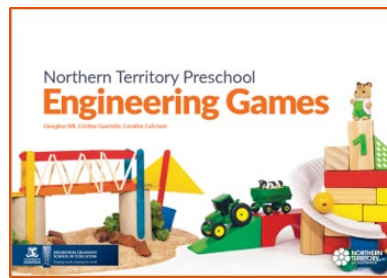
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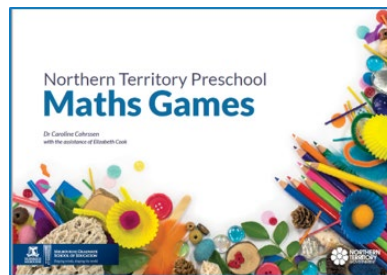
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