

Youth Detention Support Services (YDSS)

The YDSS is made up of three teams with separate roles and responsibilities. They are based at the Holtz Youth Detention Centre (HYDC) in Darwin.

Case Coordination

The **Case Coordination Team (CCT)** are a team of professionals who provide case co-ordination for young people in HYDC.

This may include any of the case management activities listed below.

Cultural Mentor

The **Cultural Mentor Team (CMT)** provides cultural, family and community support to young people and their families.

They also provide cultural programs for young people in detention.

Assessment and Treatment

The **Assessment and Treatment Team (ATT)** is made up of specialist clinicians such as Psychologists, Speech Pathologists and Occupational Therapists. They provide therapy, counselling, and assessment services for young people in detention.

They may also be involved in some of the case management activities listed below.

Case Coordination Team

When a young person enters HYDC, they will have a Case Coordinator. The Case Coordination Team work Monday to Friday.

A Case Coordinator will work with you, the young person, and other important people to make a Throughcare plan. This is a plan that everyone makes together to support the young person with their success goals in detention and after they leave detention.

Case Coordinators will talk with parents and caregivers, family, support services and other people who are important to the young person to work together so that there is a good plan to help the young person stay out of detention after they leave.

The Case Coordination Team also offer programs that can help young people with problems like drugs and alcohol, anti-social behaviour, or violence.

Assessment and Treatment Team

Young people can receive specialist support from either a Psychologist, Occupational Therapist or Speech Pathologist. Young people can make a request by filling in a 'Blue Form' or asking their Case Coordinator or any other worker in the detention centre for this service.

Specialist support could include counselling, occupational therapy, and speech and language support. They can also complete assessments, when necessary, which may be ordered by the Court.

If an assessment is being completed, parents/guardians/caregivers will be contacted to discuss the results and recommendations. Positive Behaviour Support Plans may be developed to help Youth Justice Officers (YJO) understand and support young people with behaviours of concern.

Case Management of a Young Person in Youth Detention

Case management of a young person in HYDC refers to all activities associated with supporting a young person to achieve their success goals and redirect them away from the Youth Justice system, including:

- assessment
- through CARE planning and review
- referral or provision of a support service to a young person and/or their family
- facilitation and coordination of relevant services to the young person and their family.

The range of case management actions to support and assist young people and their families to address their needs can include but are not limited to the following examples:

- provision of information, advice, and supportive counselling
- referral of young people and their families to community family support services
- planning and arranging for a young person to attend important ceremonies, funerals and cultural events
- planning and arranging for young people to have regular, meaningful and consistent contact with their child/ren, family and naturally connected networks
- advocacy and practical assistance to young people and their families to access community and government resources and facilities to meet their needs
- encouraging and supporting family, friends and other individuals in the community naturally connected to the young person, to support the young person and their family
- practical tasks such as providing support to re-engage with education, attend appointments, or to participate in activities in the community

- provision of documentation such as birth certificates and other identification
- support to young people attending court via video link, providing information on the Court process
- completion of Court ordered reports and Institutional Reports for the Parole Board
- placing phone numbers on the young person's phone list including family, friends, support services and legal services
- providing support to young people who are transferring between YDCs or transferring to an adult correctional centre once they turn 18
- assisting young people to lodge a complaint internally or externally.

Criminogenic Interventions and Programs

The YDSS team delivers both group and individual programs based on assessment of a young person's criminogenic needs and offenses. The YDSS team also works closely with external agencies, both Government and Non-Government to provide and source specific programs that are not provided internally.

Planned interventions and programs are documented within the Through CARE Plan and may include programs such as:

- CHART
- Love Bites
- Step Up
- Safe, Strong, Sober
- Emotional Regulation
- Alcohol and other Drugs program
- Cultural programs.



Contact numbers

Case Coordination Team: (08) 8922 0118

Assessment and Treatment Team: (08) 8924 6403