




Play helps kids to learn about getting on with others



Play lets kids learn about rules, friends and people in their world.

- Learn to take turns with others.
- Learn ways to share feelings with others.

# Families as First Teachers

*helping families helping children*

## Playing and Learning



**a smart  
Territory**  
fresh ideas | real results

*Kids don't need lots of expensive toys to play and learn.  
Playing together with your child is the best thing you can do.*

## Play builds strong bodies

Play helps kids learn to use their bodies as they grow and explore their world.

- Eyes and hands learn to work together.
- Bodies grow strong as kids reach, crawl, walk and run.

## Play helps minds grow strong

Play helps kids learn about their world, how things work and how they make things happen.

- Watch and copy how other people do things.
- Pretend and use their imagination.

## Play helps kids feel good

Play lets kids practice things again and again until they get it right.

- Try to make things work.
- Learn how to do new things.

