



Northern Territory Government



Social and emotional development

- Play touching games with babies with lots of cuddles and tickles.
- Tell babies what is going to happen next to help them feel safe.



Families as First Teachers

helping families helping children

Growing and Learning

a smart **Territory**
fresh ideas | real results

Physical development

- Put toys near sitting babies to practice balancing when they reach out.
- Give babies things to pick up and feel.

Language development

- Point to pictures and name them. Make sounds to go with pictures.
- Teach babies signs. Wave bye bye or shake head for no.

Cognitive development

- Play copying games. Smile, pull faces, clap and wave your arms.
- Give babies a box to practice putting things in and taking them out.

