

# Learning at Home

Support



## PLAY DOUGH

0 - 4  
Years

Learning activity



### WHAT YOU WILL NEED:

#### Ingredients:

- 2 cups of plain flour
- 4 Tbs Cream of Tartar
- 1 cup salt
- 2 cups water
- 2 Tbs cooking oil
- Food colouring/spices/herbs (optional)

#### Method:

Mix all ingredients in a saucepan. Stir over medium heat for 3 – 5 minutes or until mixture comes together as a dough.



### What to do:

Involve your child in making some play dough. Read the recipe, measure the ingredients, talk about the process. Use cookie cutters to make shapes. For older children use other items such as toothpicks, straws and buttons, to add to your creations.



### What learning is happening:

Playing with play dough supports the development of physical skills (especially hand and finger muscles), imagination and creativity. It can also support literacy and numeracy development. It can be good for children's wellbeing as it is a tactile, calming activity.



### Link to more information:

[www.education.tas.gov.au/parents-carers/learning-at-home/](http://www.education.tas.gov.au/parents-carers/learning-at-home/)