



Social and emotional development

- Talk about feelings.
- Teach kids about taking turns during play.



Families as First Teachers

helping families helping children

Growing and Learning



a smart Territory
fresh ideas | real results



Physical development

- Play running and chasing games together. Kick a ball.
- Give kids toys that fit together like blocks, puzzles or boxes.

Cognitive development

- Count things with your kids- in the shop, at home, at the airstrip, at the beach and in the car.
- Fill and empty containers with water. Talk about full and empty.

Language development

- Teach kids songs and finger games.
- Read kids their favourite books. They like to hear the same book over and over.

