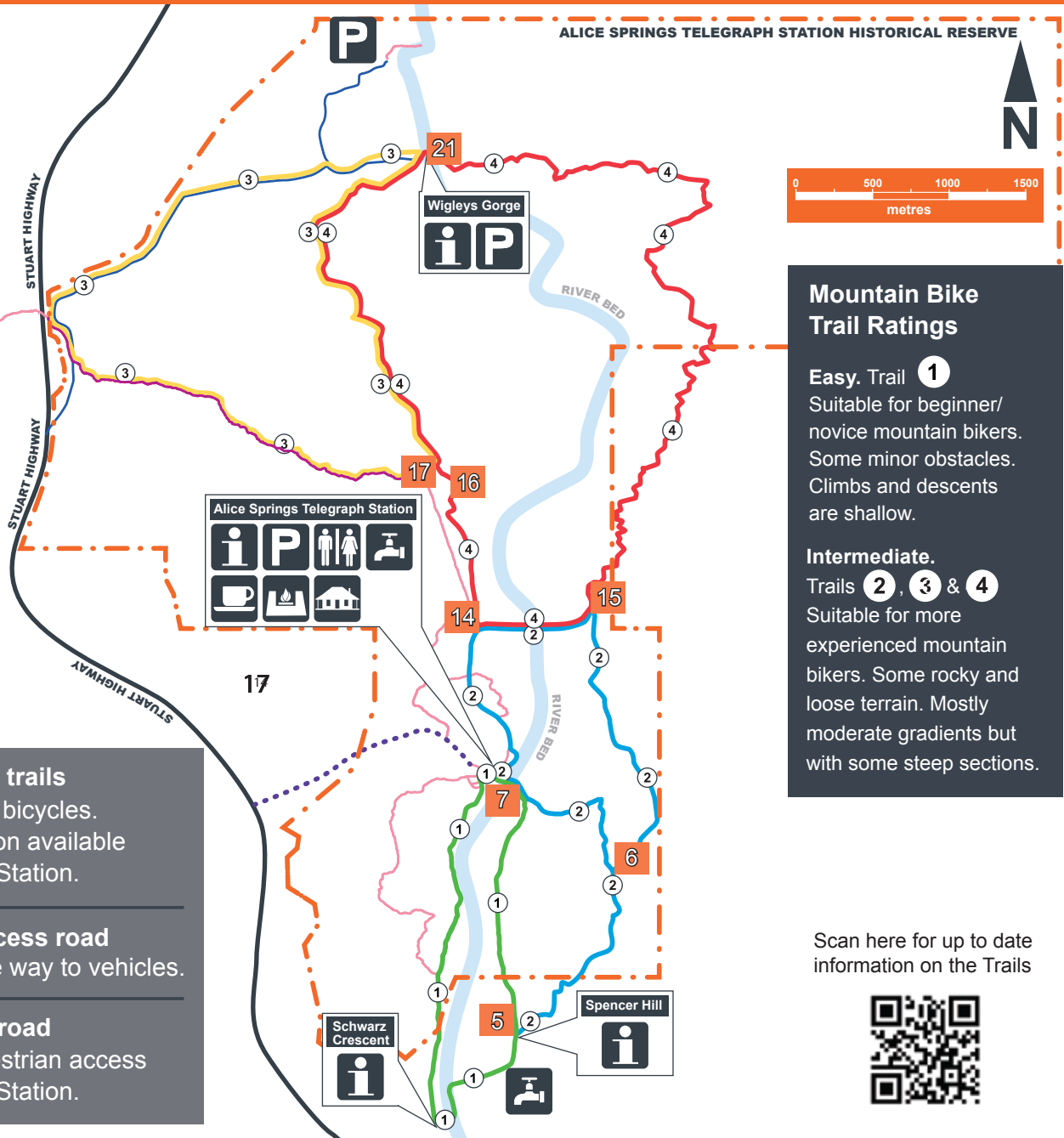


Welcome to the Alice Springs Mountain Bike Trails



TRAIL NAME	DISTANCE	LEVEL	TRAIL NOTES
1 Ilentye	4.9 km	1 Easy	Shared use with walkers. Gentle gradients and a great introduction to the trails. Green arrows.
2 Arrwe	7.7 km	2 Intermediate	Shared use with walkers. Includes some short technical sections. Distance includes return to/from Spencer Hill. Blue arrows.
3 Tyape	8 km	3 Intermediate	Shared use with walkers. Some technically challenging terrain and 4WD roads. Yellow arrows.
4 Apwelantye	10.3 km	4 Intermediate	Shared use with walkers. Some great switchbacks and the steepest slopes on the trails. Red arrows.
Larapinta Trail	2.7 km		As part of the Tyape Trail, mountain bikers can ride this small section of the world-famous walk.