



## Social and emotional development

- Give kids choices. Ask 'which one would you like?'
- Tell kids when they do something you like.



# Families as First Teachers

*helping families helping children*

## Growing and Learning



**a smart Territory**  
fresh ideas | real results



## Physical development

- Take kids on bush trips.
- Draw and scribble together.

## Language development

- Teach kids nursery rhymes and action songs.
- Help kids learn new words.



## Cognitive development

- Kids like to put things into containers. Use large things that can't be swallowed.
- Look at books with kids and ask them to point to pictures in the story.

