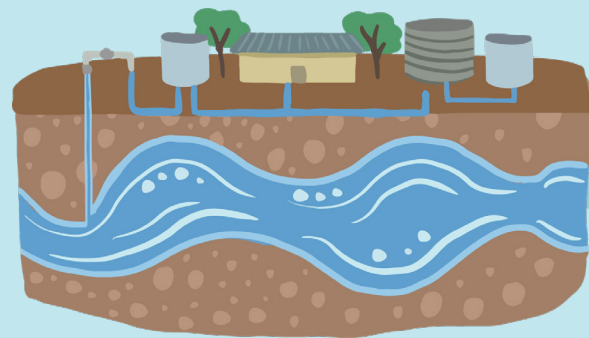


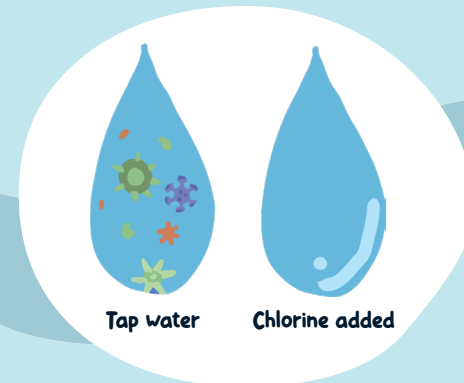
# Nturiya's drinking water

NT Health works with Power and Water to make sure that the best possible water is supplied to the community

## How is the water supply managed?



1 Your water comes from groundwater (bore water).



2 Chlorine is added to the water to kill any germs in it.



3 Power and Water test the water supply each month to make sure it is free of any dangerous germs.

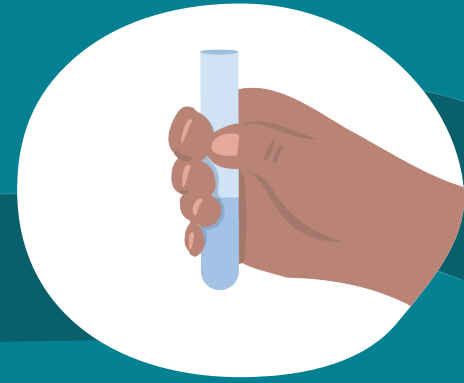


4 They also check the water's physical and chemical quality

## How does Nturiya's water compare to the Australian Drinking Water Guidelines?



5 The Australian Drinking Water Guidelines provides advice on what is safe, good quality water.



6 Nturiya's water meets all of the health guideline values of the Australian Drinking Water Guidelines.



7 Nturiya's water has many minerals in it from the surrounding rocks.



8 The minerals make the water hard and can make it taste salty.

## Are there any health concerns?



- 9 Hardness is not directly harmful to people's health. Water that is hard and salty tasting is not directly harmful to people's health.



- 10 Soap will not lather well in hard water and instead produces soap scum which can be hard to wash off and may irritate some people's skin.



- 11 Hard water will cause a build-up of scale in your kettle, hot water system, and taps and pipes. Scale buildup is worse when water is heated up. Overtime scale build up will stop hot water systems and other appliances from working properly if they are not cleaned.

## Health advice



- 12 It is important that your plumbing and your hot water system is working well so that you can have a shower every day. If they are not working well contact your housing maintenance provider.

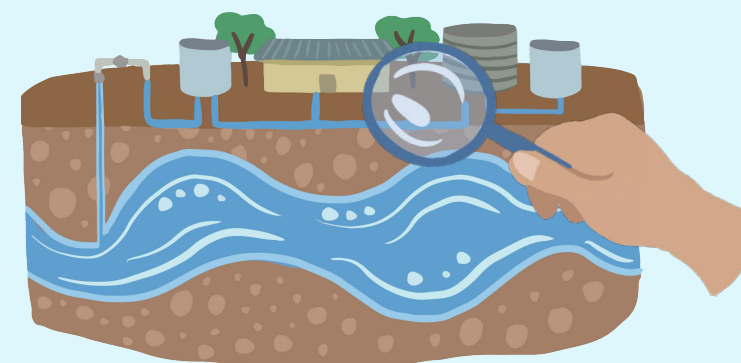


- 13 It is better to use soap free body wash in hard water as it won't leave soap scum behind and should irritate the skin less. If you are worried about your skin talk to the health centre.



- 14 It is important for your health that you continue to drink water. Cold tap water from the fridge can taste better than water straight from the tap.

## What is being done to improve Nturiya's water?



Power and Water is researching new technologies to find the best way to improve water quality.