Activities and ideas for Preschool

FVFRYDAY ACTIVITIES

READ

• Share a book together. Ask, What is happening in the story? Who are the characters? What might happen next?

MOVE

• Get up and moving throughout the day. You can walk, skip, run, jump, hop, spin, dance and climb. Ask. How do you want to move? What body parts are we using when we do that?

DRAW OR WRITE

• Draw or write together about your family. Ask. What colours are we using? What are you drawing/writing about? What can we add?

SPEAK AND LISTEN

• Talk together about something that is • interesting or something that is happening during the day or happened the previous day.

DURING THE WEEK

FINE MOTOR

• Clap your hands and touch your fingers. Ask. Can you clap your hands three times? Can you touch your fingers to your thumbs?



CREATIVE

• Draw on the ground outside with chalk, water or a stick. Talk about the pictures that have been created.

and who the picture is of.



CONSTRUCTION

 Build a fort or cubby house. Talk about how it was built and what was used. Ask. What is your favourite part?



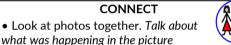
СООК

• Make lunch together. Talk about what you will make? What ingredients will you need? What will the steps will be?



GAMES

• Hide a toy and play hide and seek. Ask. Where should we search first? Where else might it be? Can you look up/down/behind?



ACTIVE

• Practice hopping and jumping. Make a path to follow. Talk about how to get from \subseteq one place to the other.



• Find a quiet place to sit or lay down to rest. Talk about the importance of having auiet time in vour dav.



MUSIC

• Sing your favourite song, Ask, What song should we sing? Can we sing it loud, soft, fast or slow?



TECHNOLOGY

• Fill a bowl with water and find things that will sink or float. Ask, Do you think this will sink or float? Were we right?



HELPING

• Pack away toys together. Talk about why it is important to pack things away.



FREE CHOICE

• This is an opportunity for children to have some independence. Ask, What would you like to do now?



WEBSITES TO CHECK OUT

- ABC EDUCATION- https://education.abc.net.au/home#!/home
- LEARNING POTENTIAL- https://www.learningpotential.gov.au/
- SESAME STREET- https://www.sesamestreet.org/





