Inclusion criteria include young people exhibiting three or more of the following factors:

1. Early family/parental conflict
2. Poor parental supervision and discipline
3. Commencement of association with peer group with anti-social attitudes
4. Early involvement with alcohol or drug use
5. Family members involved in the criminal justice system/condoning antisocial attitudes or criminal behaviours
6. History of maltreatment, family abuse or neglect
7. Recent disengagement from education, training and/or employment or at immediate risk of disengagement
8. Anti-social behaviour (including disturbance of the peace and trespassing)

The exclusion criteria include young people presenting with one or more of the following factors:

1. Young people who are not willing to attend the program
2. History of sexual offences against children/peers
3. Extreme violence and aggression against others
4. Active and severe suicidal ideation and/or self-harm
5. Severe mental health issues (e.g., psychosis)
6. Severe substance use dependence (e.g., addiction requiring a closely managed detox)
7. Homelessness (where there is no identified placement or supporting adult figure in the post-camp period)
8. The camp being used as substitute for an alternate care placement
9. Severe cognitive or social impairment which impacts on a young person’s personal or emotional safety within a wilderness environment and/or group program (e.g., severe and functionally impairing FASD or autism spectrum disorder symptoms)