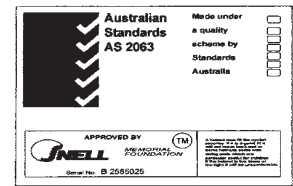


Dear family



All helmets sold within Australia need to display an Australian Standards label. These helmets have been tested and approved.

Remember not all helmets meet this standard and you should check for the label on the helmet you are going to buy.

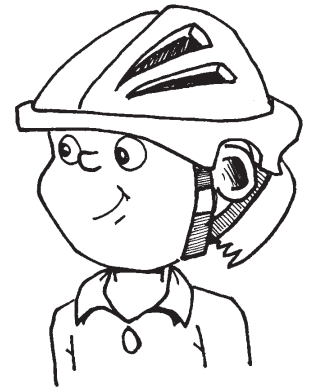
How do I know what size helmet my child needs?

- Carefully measure your child's head using a tape measure. The tape measure should sit just above their eyes and ears.
- Check the helmet size listed on the display box to find a helmet that best suits your child's head measurement.
- A helmet should fit the head snugly. A helmet that is too small will not protect the head adequately, so within reason purchase the next size helmet.
- Manufacturers provide pads that can be attached to the inside of the helmet. Use the thicker pads to get a snug fit then as your child grows replace these with the thinner pads or purchase helmets which have adjustable rear head locks for a better fit.



Checking the helmet fit

- Place the helmet on your child's head checking that it fits snugly.
- Test the fit. Adjust the straps and do up the buckle. It should sit straight on your child's head.
- Place your palm under the front of the helmet and push up and back. The helmet should not move.



Remember – for maximum protection the helmet must be a snug fit and securely fastened. If a helmet is loose it increases the risk of injury.

Thank you for playing a vital role in your child's road safety education.

Yours sincerely

Classroom Teacher